Highlights of Samsung 2015 Hong Kong Sports Stars Awards
Cheung King Lok Strives for His Olympic Dream
Samsung 59th Festival of Sport has commenced
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We have now published the third edition of our newsletter, Olympic Voice of Hong Kong, to recap what came to pass in the preceding three months and what lies upon the immediate horizon.

This, 2016, is an Olympic year as our athletes and their associations prepare for the final stage to culminate in the Summer Games in Rio de Janeiro in August. This is also a time of challenge for our community in many areas which, as a sum total of eight million people, more than ever has a vital need to focus on the positive, toughen up, struggle and develop it in sports and beyond.

Our sportsmen and women, from athletes to officials, are aware that they have a responsibility to excel to the best of their physical gifts, accomplish their goals and in so doing lift the spirit of the city they represent and love. Not only do they have to dedicate themselves body and soul to their sports but must be model citizens in everyday life to inspire others to do likewise in other endeavors.

We believe that the newsletter, in recording the successes and noting the trials of our sports fraternity, is a chronicle that has implicit in it an uplifting message of courage and conviction which is ours to project and exemplify less by words and more by deed. Not all is perfect and not all is of roses for to prevail we in sports have to press forward whatever the obstacles astrewn in our course and take the reverse of fortune in stride with humility, pluck and resolve to learn and improve because character is forged in hardship.

We have to have heroes in an era of so much disquiet and incertitude. But then is it not in our DNA that we never quiver, let alone quit, in face to the difficulties? Let us reaffirm, then, that we have in each one of us, whether we are in sports or not, an unshakable faith in progress and are never daunted for we stay sure of this irrepressible drive to overcome.

What our forebears had done when Hong Kong had scarcely any resource to its name, only the hope for a better future, we, given so much more, can do so again – and the first place to find this will be in the fields, pools and water of competition where our best are the ones given true grit.

Timothy T. T. Fok, GBS, JP

President, National Olympic Committee of Hong Kong, China

Member of International Olympic Committee
The Olympic Torch & Relay

Do you know?
The creation of the Olympic torch in Ancient Greece was in the first edition of the Ancient Olympic Games, in 776 B.C., a flame was lit in the temple of Hera, located in Olympia, Greece.

A concave mirror known as skaphia was used to light the flame. The mirror converged the Sun’s rays into a specific point, creating the flame. The flame burned throughout the Games, representing the values of PURITY, FRIENDSHIP, REASON, and PEACE.

After the Roman Empire gained strength, the Olympic Games were extinct for more than a thousand years, buried along with the tradition of the Olympic flame...

When did the flame return?
The flame was lit again in 1896, during the Athens Olympic Games, becoming the mythological link between the classic Ancient Games and the Modern Age Games.

A torchlight procession was performed in the center of Athens during this edition, celebrating the rebirth of the Games.

However, the Olympic flame relay ritual was only created years later, during the 1936 Berlin Games.

How does the flame be lit?
The Olympic flame is lit many months before the Games begin.

Even in the present day, the tradition is upheld by lighting the flame in the temple of Hera, in Olympia, the original site of the Ancient Olympic Games.

The ceremony recreates the method used by the Ancient Greeks, using the same concave mirror (skaphia). “Priestesses” place a pyre on the concave surface of the mirror to concentrate the sunrays and light the flame.

This flame is then used to light the Olympic torch.

The pillars of the torch
The torch design was based on 4 pillars: Olympic Spirit, Harmonic Diversity, Bountiful Nature, and Captivating Vitality.

Olympic Spirit
The triangular format refers to the Olympic values of Excellence, Friendship and Respect.

Harmonic Diversity
Its individual parts were integrated to represent the values of unity and diversity.

Bountiful Nature
The organic format and clippings refer to the colors of Brazil and the Rio 2016 games brand.

Captivating Vitality
Its expanding movement releases energy to light the flame and spread the captivating warmth of the torch.
Sky
The sun and sky represent the highest point of the torch, which sheds light on everything and everyone around it - just like the Brazilian people.

Mountains
They are part of Rio de Janeiro’s natural beauty, represented by green curves.

Sea
An essential part of many Brazilians’ lives, particularly those from Rio de Janeiro, represented by the blue, organic and flowing waves in the design.

Earth
The earth represents the history of Brazil. It is represented by the iconic curves of the Copacabana boardwalk.

2016 Rio Torch Concept
Movement, innovation, Brazilian flavor
These are the main features of the torch. Movement is seen in its curves and its "up-and-down" mechanism. Innovation is shown through its flame lighting mechanism and recyclable materials. The Brazilian flavor is seen in its green, yellow, white and blue colors.

Step 1
The flame is lit during a ceremony with ancient rituals in the temple of Hera, in Olympia.

Step 2
The flame is carried by athletes, relaying the torches until reaching the host city of the Olympic Games. The flame traditionally passes through several places in the host country.

Step 3
A famous figure or athlete - usually a famous celebrity in the host city or country - carries the flame to the Olympic pyre during the opening ceremony.

Step 4
The Olympic pyre is lit during the opening ceremony, which has become an increasingly exciting ritual with every new edition of the Games.

張敬樂：哪一天為夢想流下熱汗

「人生是挑戰每一步腳步。」對由13歲開始騎上單車，用兩個輪走遍世界各地的賽道，而今又將首次代表香港出戰里約2016奧運會，並成為首位港將加盟UCI (國際單車聯會)一級職業車隊的張敬樂來說，喜歡單車，就是純粹愛上那種付出汗水換來的滿足感，「愈辛苦、愈開心」的感覺，帶領他踏上世界單車舞台，為香港單車手踏出另一片天空。

以往談張敬樂，傳媒總將他與2006年多哈亞運會場地單車記分賽金牌得主的哥哥張敬煒相提並論，全因「阿樂」那條單車之路，一切都源自哥哥：「2004年我還是13歲，哥哥已開始全職運動員之路，記得06年他拿了多哈亞運金牌，我還一臉無知地問：『亞運會是什麼？』」

那年張敬樂剛加入港青，只知道喜歡單車，是因為與最親的哥哥一起做同一項運動是很有意思的事，「哥哥當了全職運動員，所以我一開始踩車，就說要當全職車手。」

由起初接觸BMX小輪車及山地車車均無法凌駕下，勾起這位兒時已獨愛挑戰極限的「小車神」的神經——愈難就要試愈多項目：「小時候我已喜歡挑戰，2歲已爬上家中一道門咁高的欄去偷朱古力食，哈哈。所以BMX及山地車我都無法掌握技術後，我就要繼續試，挑戰不同的單車項目。」最後「阿樂」踩上公路及場地單車，2008年轉為香港體育學院的全職運動員，翌年就代表香港隊於亞洲青年錦標賽中豪奪四金，包括公路計時賽、捕捉賽、個人追逐賽及夥拍蔡其皓奪得的麥迪遜賽事。

事隔8年，這位亞青金牌王，轉眼已成了亞洲冠軍，他笑稱自己是一位自虐的車手：「其實我曾學過游泳、打過籃球、玩過跆拳道，亦曾奪過全港小學跳繩冠軍，但每次騎完單車後，肌肉痛在一起，聽著自己喘氣聲的感覺真的可以令人放鬆下來，我或許有種自虐的個性，愈辛苦、愈開心，這種磨練意志的感覺，只有運動員才可感受到。」

今年初張敬樂在日本伊豆亞洲單車錦標賽，成為首位於亞錦賽公路計時賽及公路賽中奪金牌的港將，其後再於場地4公里個人追逐賽封王，三面金牌成就新一代車神。不過，張敬樂面對過去半年的種種成就，包括2015年世界盃男子記分賽金牌，他謙厚說每次奪獎後都有重新出發的感覺：「每次贏取一些獎項後，我都會覺得，又是時候再起步，我不會用豐收形容成就，因每個獎項，都是單車路上的一小部份，人，應該要追求更多的挑戰，何況我尚未奪過世錦賽、亞運會及全運會的金牌，所以自己仍然很有動力去爭金牌。」

若哥哥是引領張敬樂走上全職單車路的源頭，全職運動員之路則是「阿樂」憑雙腳在腳踏上一踩一踏開闢出來。剛剛加盟澳洲UCI世界一級職業隊ORICA GreenEDGE (OGE) 的「阿樂」，更是香港首位車手加盟UCI (國際單車聯會)一級職業車隊。這一切都是教練沈金康為愛徒備戰今年8月里約奧運會的計劃。

要離開熟悉的港隊到歐洲出戰，問「阿樂」有否為未來擔心，他依舊充滿無懼精神：「其實沒有什麼好擔心，記得2012年在荷蘭參戰世錦賽，見識了歐洲車手的實力，我不留戀都難受被對手拋離，那一次經驗最深刻，令我更想到歐洲挑戰，因為只有歐洲單車壇才有這樣的水準。」期望成真後，張敬樂將會到歐洲聯賽車隊比賽，7月將回港全力備戰里約奧運會公路單車賽。他亦期望哪一天，可以首位香港人的身份，在那每位車手都渴躍踏足的環法賽道上，為夢想，喘著氣，流熱汗。」
Cheung King Lok: Striving for my Olympic dream

Hong Kong cycling representative, Cheung King Lok, has started riding bicycle since 13 years old. He is going to participate in the Rio 2016 Olympic Games for the first time. Being the first Hong Kong cyclist joining the top professional team of UCI (Union Cycliste Internationale), Lok always fully commits himself with sweat and believes in “more pain, more joy”, striving the best for his dream.

Cheung King Wai, Lok’s elder brother, is the gold medal winner in Doha 2006 Asian Games in cycling. Influenced by him, Lok participated in the sport and joined Hong Kong Junior Team. He wanted to be a professional athlete following his brother.

Lok has become a professional cyclist in Hong Kong Sports Institute since 2008. The year following 2008, he won four medals in Asian Junior Cycling Championships including road time trial, elite scratch, individual pursuit race and Madison with Choi Ki Ho.

Having won the gold medal in elite scratch in World Championships in 2015, Lok continues to shine in the races and has become the first Hong Kong cyclist winning both Road Time Trial and Road Race in 2016 Asian Championships in Japan. In track, he won his third gold medal in 4km Individual Pursuit Race.

To prepare for the Rio 2016 Olympic Games, Lok joined the UCI Australia team ORICA GreenEDGE(OGE). He is the first Hong Kong cyclist who joins a top professional team. Lok will represent the team in participating competitions in Europe, making one of his dreams to come true. He wishes that he could be the first Hong Kong cyclist participating Tour de France soon in the future.
張敬樂單車之路：

13歲 透過體院青苗計劃投入專業單車訓練

17歲  成為全職運動員

18歲 亞洲青少年錦標賽
  - 公路計時賽金牌
  - 捕捉賽金牌
  - 個人追逐賽金牌
  - 麥迪遜賽金牌（夥拍蔡其皓）

19歲  香港亞運會
  - 個人追逐賽銀牌
  - 團體追逐賽銀牌
  - 傳統追逐賽銀牌
  （夥拍張敬煒、蔡其皓、郭頌霆、高肇 Naw 須和楊英潮）

23歲 仁川亞運會
  - 全能賽銅牌

24歲  堤地單車世界盃哥倫比亞站
  - 30公里記分賽金牌

亞洲錦標賽
  - 公路賽金牌
  - 公路計時賽金牌
  - 堤地4公里個人追逐賽金牌
  - 記分賽銀牌
  - 麥迪遜賽銀牌（夥拍梁俊榮）
  - 加入世界巡迴職業車隊
香港體壇百花齊放
吳安儀首奪「星中之星」

香港年度體壇盛事，被喻為本地體壇「奧斯卡」的「Samsung 2015年度香港傑出運動員選舉」，上個月在香港會議展覽中心閃耀舉行。今年選舉情況尤其激烈，全因2015年香港健兒均於世界體壇發光發熱，不少獎項結果亦甚具驚喜。當中「雙料」世界冠軍吳安儀更首奪最高榮譽的「星中之星」大獎，奪標多時的吳安儀，終於在獎牌榜上再添一塊獎牌，成為全港運動員的楷模。

過去六年，「星中之星香港傑出運動員大獎」均由香港單車隊奪標，今年香港桌球隊在俱樂部獎項上封頂，吳安儀於2015年世界女子職業桌球錦標賽奪冠及世界乒乓球錦標賽亞軍，榮膺「世界」世界冠軍，並成為首位獲BBC邀請，以貴賓身份出席盛世頒獎典禮的香港運動員，為香港運動員揚威海外傳播。

吳安儀憑此成績，榮膺今年「星中之星」，亦是香港歷來首位桌球運動員獲得此殊榮。

香港年度傑出運動員

吳安儀

作為香港體壇的代表，吳安儀在2015年表現非凡，她在世界女子職業桌球錦標賽奪冠及世界乒乓球錦標賽亞軍，榮膺「世界」世界冠軍，並成為首位獲BBC邀請，以貴賓身份出席盛世頒獎典禮的香港運動員，為香港運動員揚威海外傳播。

吳安儀的成績不僅是對自己的肯定，更是對香港體壇的鼓舞。作為香港歷來首位桌球運動員獲得「星中之星」殊榮，吳安儀的成績不僅是對自己努力的肯定，更是對香港體壇的鼓舞。她在世界女子職業桌球錦標賽奪冠及世界乒乓球錦標賽亞軍，榮膺「世界」世界冠軍，並成為首位獲BBC邀請，以貴賓身份出席盛世頒獎典禮的香港運動員，為香港運動員揚威海外傳播。

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胡兆康最具體育精神

終於奪得獎項的吳安儀同為「星中之星」大獎的保齡球代表。吳兆康，雖然最後失落大獎，但他卻因為勝利後再創世界盃冠軍的奪目努力，獲得「香港最具體育精神運動員」獎。「康仔」自兩年前因傷病後，去年於美國拉斯維加斯舉行的保齡世界盃奪冠，成為首位奪得這個獎項的香港選手。

「康仔」指即使失落「星中之星」，但他奪好数項獎項也是對他的肯定：「經歷過傷病及康復後，自己更珍惜及享受打球的時間，每場比賽我都想奪得獎牌，但會更著重準備比賽，比賽過程及與隊友溝通的時間，會更盡情更開心！」

港足事隔六年再奪「最佳運動隊伍」

過去六年，香港足球隊亦踢出了「香港力」精神，在於2016年世界盃亞洲區外圍賽中兩次戰和中國，凝聚了全港700萬人的支持，令香港繼2009年東亞盃後，再次掀起足球狂熱，並再度獲選「香港最佳運動隊伍」。

兩次香港奪得好大獎的功臣之一，門將黃鴻輝坦言奪得好獎的時，「足球沒有被人放棄！今次是香港代表隊出戰卡塔爾，競爭十分激烈，因此得獎是對香港上下一個很大的鼓舞。」另一港將林嘉緒亦希望香港人能繼續支持港足，將熱潮承傳下去，令他們有更大動力為港足爭取好成績。

三星星中之星
香港傑出運動員大獎
吳安儀（球靴）

香港傑出運動員
吳安儀（香港桌球總會有限公司）
胡兆康（香港保齡球總會有限公司）
李慧詩（中國香港單車聯會有限公司）
石偉雄（中國香港體操總會）
耿曉靈（香港武術聯會有限公司）
黃家汶（香港障礙人士體育協會—乒乓球）
陳浩源（香港殘疾人士奧委會暨傷殘人士體育協會—羽毛球）
胡寶（香港羽毛球總會有限公司）

香港最佳運動隊伍
香港足球代表隊

香港傑出青少年運動員
張家瑋（香港桌球總會有限公司）
鄭進良（香港障礙人士體育協會—游泳）
馬君正（香港滑浪風帆會）
何鈞傑（香港乒乓球總會）
馮嘉豪（中國香港單車聯會有限公司）
劉子龍（香港武術聯會有限公司）
Ng On Yee named “Best of the Best” in Hong Kong Sports Stars Awards

As the Hong Kong sports “Oscars”, Samsung 2015 Hong Kong Sports Stars Awards was taken place at the Hong Kong Convention and Exhibition Centre in last month. Double world champion Ng On Yee scoops the main prize “Best of the Best” Award. As the first snooker player winning the top award, Ng hopes to promote the snooker sports to Hong Kong people.

Ng beat out the domination of cycling athletes in the “Best of the Best” Award in the past 6 years. She clinched the 2015 WLBSA World Championship title and the IBSF 6 Reds World title in 2015. As a double world champion, Ng was the first Hong Kong athlete invited to the BBC Sports Personality of the Year 2015 Award Ceremony.

Though named the sports stars of the year five times, Ng showed her humility and described herself still like a kid in snooker sports. “I am very happy to have a lot of people supporting me, including my father, mother, Hong Kong Billiard Sports Control Council and Hong Kong Sports Institute, so that I can achieve many good results.” said Ng.

Badminton athlete Hu Yun named the sports stars of the year for the first time this year. He revealed the award encouraged him to fight for the qualification of Rio 2016 Olympic Games in August.

Besides naming the sports stars of the year, Wu Siu Hong in bowling also won the “Hong Kong Sportsmanship Sports Stars Award”. Wu won the battle against cancer and won the Bowling World Cup in Las Vegas, USA in 2015.

By the outstanding performance in the World Cup qualifiers, especially two draws against China, Hong Kong Football Team won the Team Only Sport award. The team had won the award in 2009 after clinching a gold medal at the East Asian Games. Yapp Hung Fai, a team representative, hoped Hong Kong fans will continue to support the team and soccer sports in Hong Kong.
三星第59屆體育節順利開幕！
四方大使推動「全民運動」

Samsung第59屆體育節在2月28日假沙田大會堂廣場舉行開幕典禮，前香港單車代表黃蘊瑤、香港體操代表黃曉盈、香港空手道代表李嘉維及前香港滑浪風帆代表鄭國輝以體育節大使身分出席，一起「踩過界」試玩多項體育運動，身體力行呼籲大家支持「全民運動」。

由中國香港體育協會暨奧林匹克委員會（港協暨奧委會）主辦、康樂及文化事務署（康文署）資助和三星電子香港有限公司冠名贊助的一年一度體育盛事─Samsung第59屆體育節，由港協暨奧委會會長霍震霆先生GBS, JP、康樂及文化事務署署長李美嫦女士JP、三星電子香港有限公司市務總裁周文榮先生、Samsung第59屆體育節籌備委員會主席郭志樑先生MH、中聯辦宣傳文體部副部長陳亞琼女士、立法會議員馬逢國先生SBS, JP、康樂及文化事務署副署長（康樂事務）范偉明先生,JP、港協暨奧委會義務秘書長王敏超先生及副主席彭長緯先生SBS, JP一同主持揭幕儀式，為本屆體育節掀起了序幕。

開幕活動一連四天於沙田大會堂廣場舉行，首兩天的免費體育運動試玩及示範，吸引了眾多市民排隊參與，現場氣氛熱烈。四方體育節大使於開幕活動上示範健身操外，亦試玩其他運動項目，包括拳擊、賽艇、足毽等不同運動。

曾為香港賽艇代表、其後轉為香港單車代表的「熱血女車神」黃蘊瑤更即場示範賽艇技巧，退役後的她直言除這兩項運動外，她希望將來有機會學習拳擊：「因為這運動男性化外，更講求意志，在防守外亦要積極主攻，非常有挑戰性。」至於去年於訓練時意外導致膝蓋兩側韌帶及十字韌帶部份撕裂及斷開的黃曉盈，經過兩次手術後正逐步康復，她說：「這運動男性化外，更講求意志，在防守外亦要積極主攻，非常有挑戰性。」

Samsung第59屆體育節以推動「全民運動」為目的，身為運動員的鄭國輝及李嘉維亦大讚運動為他們帶來好處。年青時曾是壞孩子的鄭國輝表示：「接觸滑浪風帆後令我找到人生目標，明白到每日付出的汗水都是值得。」身形健碩的李嘉維笑稱身邊朋友都被他的運動細胞感染：「我一直支持身邊的家人及朋友多做運動，加上他們也被我健康的外形所感染，都經常做運動保持健康體格。」

詳情請瀏覽:
http://fos.hkolympic.org
Festival of Sport 體育節

「全民運動」攝影比賽
Samsung第59屆體育節於3月至6月期間舉行，港協暨奧委會將與60多個體育總會在全港各區舉辦80項多元化的體育活動，供不同年齡和性別市民參加，今年體育節將繼續舉辦「全民運動」攝影比賽，歡迎市民參加，得奬者有機會獲取由三星電子香港有限公司贊助的豐富奬品。

有關Samsung第59屆體育節詳情，請瀏覽體育節網頁http://fos.hkolympic.org及於Facebook「體育節」專頁https://www.facebook.com/festival.of.sport，以取得體育節活動的最新消息。市民亦可於香港體育節網頁或康文署轄下的體育場地及康文署18區分區辦事處索取Samsung第59屆體育節活動小冊子。

詳情請瀏覽：
Facebook: Festival of Sport 體育節
http://fos.hkolympic.org
The Samsung 59th Festival of Sport Opening Ceremony was officially launched on 28 February 2016 at Sha Tin Town Hall Plaza. To enlighten the ceremony, four Ambassadors of Samsung 59th FOS, Ms. Jamie Wong Wan Yiu (Cycling), Ms. Angel Wong Hiu Ying (Gymnastics), Mr. Lee Ka Wai (Karate) and Mr. Cheng Kwok Fai (Windsurfing) were invited to demonstrate physical exercise and promote “Sport for All” to the public.

The four-day Opening Programme was organized from 27 February to 1 March 2016 to encourage active participation of the public to have a foretaste of different kind of sports. The Programme included sports demonstration and trials presented in first two days. Besides demonstrating physical exercise, the four Ambassadors joined the public to try various sports like boxing, rowing, windsurfing and shuttlecock kicking.

“Sport for All” Photo Contest
The Samsung 59th FOS will be held throughout March to June 2016, more than 60 Sports Associations will organize around 80 diversified sports events suitable for the public in all age groups to promote “Sport for All”. Also, the “Sport for All” Photo Contest will be held again this year. All Hong Kong citizens are welcomed to join the contest to win fabulous prizes sponsored by Samsung.

For details, please visit the Samsung 59th FOS website at http://fos.hkolympic.org and give a “Like” on the “Festival of Sport” Facebook page at https://www.facebook.com/sfocfos or, refer to the Samsung 59th FOS programme booklets which are now available at the Secretariat of the Federation, LCSD Sports Centres, and 18 LCSD District Offices.
The election of Officers of SF&OC for the tenure of 2016-18 was successfully concluded at its 65th Annual General Meeting held on 22 March 2016. The following Officers were elected to serve in office for a two-year term until the Annual General Meeting to be held in 2018:

### Results of Election of SF&OC Officers

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Mr. Timothy T. T. Fok, GBS, JP</td>
</tr>
<tr>
<td>Vice-Presidents</td>
<td>Ms. Vivien C. C. Lau, BBS, JP</td>
</tr>
<tr>
<td></td>
<td>Mr. Karl C. Kwok, MH</td>
</tr>
<tr>
<td></td>
<td>Mr. Tony K. L. Yue, MH, JP</td>
</tr>
<tr>
<td></td>
<td>Dr. T. Brian Stevenson, SBS, JP</td>
</tr>
<tr>
<td></td>
<td>Mr. Pui Kwan Kay, BBS</td>
</tr>
<tr>
<td></td>
<td>Mr. Herman S. M. Hu, BBS, JP</td>
</tr>
<tr>
<td></td>
<td>Mr. Tong Wai Lun, MH, JP</td>
</tr>
<tr>
<td></td>
<td>Mr. Kenneth K. K. Fok</td>
</tr>
<tr>
<td>Honorary Secretary General</td>
<td>Mr. Ronnie M. C. Wong, JP</td>
</tr>
<tr>
<td>Honorary Deputy Secretaries General</td>
<td>Professor Leung Mee Lee</td>
</tr>
<tr>
<td></td>
<td>Mr. Edgar J. T. Yang</td>
</tr>
<tr>
<td></td>
<td>Mr. Wong Po Kee</td>
</tr>
<tr>
<td>Honorary Treasurer</td>
<td>Mr. Derrick L. W. Wong</td>
</tr>
</tbody>
</table>

### 33rd EAGA Council Meeting in Taichung

The 33rd East Asian Games Association (EAGA) Council Meeting and Standing Committees meetings were successfully held in Taichung City on 27 January 2016. Mr. Timothy Fok, GBS, JP, EAGA Vice-President and President of SF&OC, Mr. Ronnie Wong, JP, EAGA Council Member, Mr. Kenneth Fok, member of the Rules and Sports Committee, Dr. Julian Chang, BBS, Member of the Medical Committee attended the meetings for planning of the coming 1st East Asian Youth Games to be held in Taichung City in 2019. It is expected that the next Council Meeting would also be held this year after the Rio 2016 Olympic Games.

### “Road to Rio” floral wall at the Hong Kong Flower Show 2016

To arouse public awareness of the upcoming Rio 2016 Olympic Games, a floral wall with the theme “Road to Rio – Support Hong Kong Athletes” was presented at the Hong Kong Flower Show 2016 organized by the Leisure & Cultural Services Department, which was held on 11 - 20 March 2016 at Victoria Park in Causeway Bay. Mr. Tony Yue, MH, JP, Vice-President of SF&OC, representing the Federation, attended the Opening Ceremony of the Show on 11 March 2016.
2016奧運日—奧運歡樂跑即將接受報名

為慶祝國際奧委會的成立及宣揚奧林匹克精神，港協暨奧委會榮獲國際奧林匹克委員會委任主辦一年一度的奧運日，而「2016奧運日—奧運歡樂跑」將於6月19日假香港迪士尼樂園度假區舉行。

活動當天除了歡樂跑外，亦會加入攤位遊戲、表演及幸運大抽獎等體育嘉年華的元素。港協暨奧委會希望透過此活動鼓勵市民培養積極運動的生活習慣，推動「全民運動」，並實踐奧運日的主題，一同「掀動、學習、體驗」，歡迎任何年齡人士參與。

「2016奧運日—奧運歡樂跑」的詳情將稍後於港協暨奧委會網頁公佈，敬請留意！

2016「“喜”動全城」奧運日計劃現已接受報名

全港學校及社區體育會現在都可以參與「“喜”動全城」奧運日計劃，一同「掀動、學習、體驗」！參加者可以利用港協暨奧委會設計的奧運日活動冊，舉辦自己的奧運日活動，從而學習奧林匹克知識及價值「卓越、友誼、尊重」。

此計劃已率先於2016年2月26日在保良局屬下中學聯校運動會展開。活動中充滿奧運色彩，包括17間參與中學的運動員模擬奧運會的進場及宣誓儀式、退役香港單車運動員黃蘊瑤小姐與師生們分享她往來參與奧運會的經驗等，讓師生們對奧林匹克的知識和價值有更深入的認識，並了解到香港運動員參與奧運會背後的故事。場內更設置「支持香港運動員邁向里約」簽名區，師生們都踴躍支持香港運動員參加2016奧運會，現場反應熱烈，活動在一片歡樂氣氛中結束。

你都可以成為奧林匹克運動的一分子！請即瀏覽港協暨奧委會網頁www.hkolympic.org，或致電2504 8560查詢「“喜”動全城」奧運日計劃詳情。活動推行日期由即日起至2016年8月4日，而報名日期由即日起至2016年6月30日。

廉政公署為本地體育總會提供防貪諮詢服務

即將來臨的2016年夏季奧運會，是一個檢視選拔運動員代表香港參加國際、區域和國家賽事的好時機，藉此確保選拔機制公平及透明，以回應公眾對合理使用公帑越來越高的期望。有見及此，在2016年3月15日康樂及文化事務署(康文署)為本地體育總會舉辦的周年講座中，廉政公署防止貪污處(防貪處)將選拔運動員的誠信，作為重點課題之一，與出席的200多名體育總會代表分享，並欣然見到各出席代表正面的回應。

為繼續保持運動員選拔制度的廉潔，防貪處也更新了2011年編制的防貪錦囊內有關選拔運動員的指引，並加入常見的貪污風險及相應的防貪措施。防貪處已發信將新指引寄給所有體育總會，個別體育總會應根據指引內的建議檢視其運動員選拔制度，並盡可能採取建議，以確保程序中有足夠的監控措施。防貪處會要求為個別體育總會執行運動員選拔制度，並協助他們落實指引內的建議，以配合其組織及運作需要，如需要獲得免費及保密的防貪諮詢服務，請於2826 3198與防貪處聯絡（電郵：cpd@icac.org.hk）。
里約第31屆奧林匹克運動會（下稱「奧運會」）將於2016年8月5日至21日在巴西里約熱內盧舉行。為紀念這項盛事，港協暨奧委會與香港郵政再度合作，將於2016年8月5日（即奧運會開幕當日）特別發行一套四枚紀念郵票。這是香港郵政第七次為紀念奧運會而發行特別郵票。

四枚郵票設計充滿動感，並分別以奧林匹克五環標誌中的黃、綠、藍、紅四色作為底色，以凸顯奧運主題。其中三枚郵票展示中國香港代表團參加或獲獎的多個奧運項目，包括單車和田徑（$1.70）、乒乓球和羽毛球（$2.90），以及滑浪風帆和游泳（$3.70），餘下一枚郵票則展示今屆奧運會兩個新增比賽項目，即欖球和高爾夫球（$5），每枚郵票都特別印有具燙壓效果的運動員剪影，以凸顯運動的速度和活力。所有郵票均印上中國香港體育協會暨奧林匹克委員會的會徽，祝願香港運動員在今屆奧運會再創佳績。

除了四枚郵票外，此套郵票亦另推出小全張、首日封、套摺等郵品以供選購。有興趣的朋友可由即日起至6月17日向香港郵政預訂，或於8月5日起的三個月銷售期內到各郵局購買郵品。詳情可瀏覽：www.hongkongpoststamps.hk。

「奧運知多少」
社區講座

適逢奧運年，港協暨奧委會與康樂及文化事務署現正舉辦一系列名為「奧運知多少」的社區講座，目的為增加參加者對奧林匹克運動會的知識，藉此推廣香港的體育文化及宣揚奧林匹克精神。首場「奧運知多少」講座已於2016年2月28日假沙田公共圖書館舉行，由退役賽艇運動員吳詠希小姐擔任演講嘉賓，與市民分享奧林匹克資訊及作為運動員的寶貴經歷。活動於二月至八月份期間舉行，歡迎市民到以下指定圖書館參加：

<table>
<thead>
<tr>
<th>日期</th>
<th>時間</th>
<th>地點</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016年3月19日 (六)</td>
<td>下午3:00-4:00</td>
<td>九龍公共圖書館</td>
</tr>
<tr>
<td>2016年4月17日 (日)</td>
<td>下午2:00-3:00</td>
<td>屏山天水圍公共圖書館</td>
</tr>
<tr>
<td>2016年5月21日 (六)</td>
<td>下午2:30-3:30</td>
<td>屯門公共圖書館</td>
</tr>
<tr>
<td>2016年6月19日 (日)</td>
<td>下午2:30-3:30</td>
<td>荃灣公共圖書館</td>
</tr>
<tr>
<td>2016年7月17日 (日)</td>
<td>下午2:00-3:30</td>
<td>香港中央圖書館</td>
</tr>
<tr>
<td>2016年8月20日 (六)</td>
<td>下午2:00-3:00</td>
<td>大會堂公共圖書館</td>
</tr>
</tbody>
</table>
The Hong Kong Centre for Olympic Studies (COS) was relocated to the Olympic House in November 2015. A Grand Opening Ceremony was held on 22 March 2016 at the President’s Office, Olympic House with officiating guests of Mr. Timothy Fok, GBS, JP, President of SF&OC, Mr. Richard Wong, Assistant Director (Leisure Services) of Leisure & Cultural Services Department, Mr. Kenny Chow, COS Director and Mr. Ronnie Wong, JP, Hon. Secretary General of SF&OC. Souvenirs were presented to The University Sports Federation of Hong Kong, China and Hong Kong Baptist University for appreciating their staunch support to COS. Introductory tour was arranged to visit COS’s collection of books and facilities for all guests and representatives of National Sports Associations.

The Japan Sports Association (JASA) organizes the Study Tour Project for Leaders of Asian Youth Sports every year with the aim of promoting youth sports in 14 Asian countries/regions by conducting field trips and lectures on the current situation of youth sports activities in Japan. The main theme of 2015 was “The present situation and problems of sports policy and system in each country/region”. Hong Kong Olympic Academy nominated Mr. Peter Wong Yat Wah of Hong Kong Anti-Doping Committee of SF&OC and Ms. Nicky To Pui Ki of Hong Kong Baseball Association to participate in the Tour on 4-11 November 2015.

Study Tour Project for Leaders of Asian Youth Sports 2015

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Visiting the sports club in Japan

Ms. Nicky To (left) and Mr. Peter Wong attended the JASA Seminar
奧運大樓作為體育界的行政樞紐，除了提供服務給予體育行政人員、教練及各體育機構外，亦提供全面的會議設施供不同類型的團體及商業機構租用以舉辦小型會議至數百與會人士的研討會、頒獎禮及比賽等。

奧運大樓的主要會議設施包括：設有三百座位的賽馬會演講廳、董事局會議廳及七間多用途會議室（可按需要獨立或組合成更大場地使用）。此外為了配合不同機構舉辦活動的需要，管理公司亦為客戶提供全面的輔助服務，包括影音技術支援服務、即時傳譯系統、無線網絡服務、停車場、茶點及餐飲等服務，務必令主辦單位在奧運大樓舉辦活動時能獲得完善的配套。

如欲預訂場地或查詢，請聯絡管理公司市務部：
電話：(852) 2504 8524
傳真：(852) 2881 1859
電郵：mcohl@hkolympic.org
網址：www.olympichouse.org

Food-wise Tip
Olympic House reminds you:
Think before you order food.
Every year a new group of elite athletes will join the HKADC Testing Pools as their performance has reached the qualifying levels and will represent Hong Kong at international competitions.

Apart from observing the regulations on whereabouts submission, all athletes must bear in mind to fulfil the roles and responsibilities as set out in the World Anti-Doping Code:

**Roles and Responsibilities of Athletes**

1. To be knowledgeable of and comply with the Anti-Doping Rules.
2. To be available for sample collection at all times.
3. To take responsibility for what they ingest and use.
4. To inform medical personnel of their obligation not to use prohibited substances and methods.
5. To disclose to Anti-Doping Organizations any anti-doping rule violation within the previous ten years.
6. To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.

The fight against doping is not just the obligation of doping control authorities, fair play in sport can only be sustained through collaboration with all athletes. Observing the guidelines above will ensure your contribution to the clean sport community.

**Hong Kong Anti-Doping Committee (HKADC)**

**Welcome aboard! New members of the Fair Play Force!**

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Standard Chartered Hong Kong Marathon 2016

The Standard Chartered Hong Kong Marathon 2016 celebrated its 20th anniversary this year. The Marathon and the Half Marathon featured a new route, with the highlight being an extended section along major thoroughfare Nathan Road in Kowloon which was iconic, bustling and street is steep in local flavour.

16 Gold Label runners sprang into action on Nathan Road. The competition see-sawed in the Men’s Marathon until Mike Mutai Kiprotich from Kenya broke away from the pack to take the lead, finally crossing the finish line with a time of 2:12:12; he won the Men’s Marathon and US$65,000 in prize money. Hong Kong athletes also achieved great results this year, with Tsui Chi Kin taking first place among local runners in the Men’s Marathon, with a time of 2:31:32.

In the Women’s Marathon, Haylay Letebrhan Gebreslasea from Ethiopia broke away from other contestants and crossed the finish line with a time of 2:36:51, taking first place. Following closely was Christy Yiu Kit Ching, the local champion, who finished in 6th place with a time of 2:38:38. Info at www.hkmarathon.com

The standard - Chartered Hong Kong Marathon 2016

第十四屆中銀香港親子樂Fun Fun羽毛球雙打比賽暨同樂日

為推動香港羽毛球運動發展，促進家庭融洽和社會和諧，由中國銀行（香港）贊助，本會主辦之「第十四屆中銀香港親子樂Fun Fun羽毛球雙打比賽暨同樂日」已於1月24日（星期日）在九龍公園體育館舉行。是日上午為各組決賽，下午2時30分為頒獎典禮。大會主禮嘉賓包括本會副主席黃守明醫生、中銀香港分銷網絡總經理勞秉華先生。

同時，活動亦設「幼童親子歡樂大比拼」，讓未足5歲的幼童可體驗羽毛球運動的樂趣。雖然當日為香港五十多年中最寒冷的一天，市區氣溫低至3.1度，但依然得到眾多家庭的支持和參與，一共吸引超過1,000名人士到場，場面熱鬧。詳情可瀏覽：www.hkbadmintonassn.org.hk
Debutant Venus Stars Stormed to Phoenix Cup Title with Impressive Showing

Twelve teams including Australia, China, Guam, Japan, Korea, Singapore, Chinese Taipei and Hong Kong competed in Asia Insurance Phoenix Cup 2016 WBSC Hong Kong International Women’s Baseball Tournament on 19-21 February 2016.

After slugging it out for four consecutive days on various baseball parks in Hong Kong, it has its worthy winner, as debutant Venus Stars from Japan put on a clinic and took home the impressive Defenders Cup, generously handed out by the World Baseball Softball Confederation (WBSC).

Hong Kong Allies head coach Au Wing Leung spoke about his general satisfaction on the team’s performance despite a fourth-place finish. “We have told the players prior to the start of the tournament that with all the personnel changes, it was going to be a very tough grind for them. Certainly tougher than the past.” Au said.

We are honored to have Mr. Yeung Tak Keung, Commissioner for Sports, as the officiating guest at the Opening Ceremony. The tournament is sanctioned by the World Baseball Softball Confederation, title-sponsored by Asia Insurance, subvented by the Arts and Sport Development Fund (ASDF) of the Home Affairs Bureau and the Leisure and Cultural Services Department, one of the listed events in the “Appreciate Hong Kong” Campaign. Info at http://phoenixcup.hkbaseball.org

2016香港籃球銀牌賽

香港籃球銀牌賽為每年籃壇盛事之一，集合全港籃球精英份子組成，賽事分為男子甲一、二及乙組，女子甲及乙組。其中以男子甲一組賽事更為受本地球迷注目，一些傳統勁旅如南華、永倫、福建及飛鷹亦為人所熟悉，加上今年有全港首支職業籃球隊東方躍身甲一席位，使賽事吸納了更多目光和顯得更具話題性。另外，今年我們亦榮邀一間本地網上媒體公司作為大會指定媒體，在重點賽事舉行期間提供網上直播服務，首次推行便引起外界極大迴響，對本地籃球發展及推廣均起了正面作用。詳情可瀏覽：www.basketball.org.hk/index.php/match/match01/silver
The fourth edition of the third and final leg of Asia’s most glamorous equestrian series, The Longines Masters of Hong Kong 2016, took AsiaWorld-Expo by storm for three days on 19-21 February 2016. Again, the Hong Kong Equestrian Federation (HKEF) had the honour to be the co-organizer of this Major Sports Event.

Meanwhile, Jacqueline Lai, the only rider representing Hong Kong, had a personal best at her first five-star event alongside the biggest names in the sport. On Saturday, she was one of just nine riders who rode a perfect clear round during the Longines Speed Challenge.

While the event puts Hong Kong on the international showjumping map, it also earns recognition at home. The HKEF organized education tours for over 3,000 visitors from schools and non-governmental organizations to the Masters with the support from 200 volunteers together. The HKEF also appointed 13 officials who played important roles on the showground. Therefore, the Masters has been recognized as an “M” Mark event for the fourth consecutive year and becomes one of the 20 highlight events under the “Appreciate Hong Kong” Campaign.

Info at www.longinesmasters.com

The 2nd Hong Kong City Cup International Boxing Tournament 2016

The 2nd Hong Kong City Cup International Tournament 2016 was successfully held in Pei Ho Street Sports Centre in Sham Shui Po on 17-18 January 2016. The 2-day tournament invited the AIBA 3-star referee/judge Mr. Steve Nathan to umpire the competition and attracted around 50 athletes from 6 different cities to showcase their talents, including Guangzhou, Macau, Shenzhen, Singapore, Chinese Taipei and Hong Kong. There were over 30 bouts staged in the tournament. All boxers spared no effort, making every fight incredibly exciting and thrilling. Info at www.hkboxing.org.hk

Ng Ping Tai (right) who grasped silver medal in Men’s Boxing 75kg

Hong Kong sole representative, Jacqueline Lai, jumping over 1.45m

The Longines Masters of Hong Kong 2016
Terrence Ng Successfully Defended HK Men’s Close Amateur Championship

Terrence Ng fired closing rounds of 69 to win his second Hong Kong Men’s Close Amateur Championship on the New Course at Fanling. The 21-year-old golfer became the first player since Scott Rowe in 1993 to successfully defend his title and can now look forward to playing with the pros at the 2016 UBS Hong Kong Open.

“To win back to back feels really special,” said delighted Ng. “I got off to a slow start in round three but four birdies in a row got me going and I kept up the momentum from there.”

“This is a big year for me,” added the national team player. “Making the cut in the Hong Kong Open is one goal while getting into the team for the Eisenhower Trophy is another.”  Info at www.hkga.com/eng/news/20160211.aspx

11th Asian Lawn Bowls Championship & 9th Asian U25 Singles Championship

Hong Kong achieved 1 Gold, 4 Silver and 4 Bronze medals at the Championships.

The Asian Lawn Bowls Championships, featuring strong bowlers from 12 territories in the region, was held from 22 January to 1 February 2016 at the Hassanal Bolkiah Sports Complex in Berakas, Brunei.

The 12 territories participated in the event were: Brunei, China, Hong Kong, India, Japan, Macau, Malaysia, Pakistan, Philippines, Singapore, Sri Lanka and Thailand.

Hong Kong achieved 1 Gold, 4 Silver and 4 Bronze medals at the Championships. Info at www.hklba.org/new

2016 IPC田徑亞洲及大洋洲錦標賽

2016 IPC田徑亞洲及大洋洲錦標賽於3月6日至12日舉行，共有近30個國家及地區，約300名殘疾運動員參加。

協會共派出4名殘疾運動員參加賽事，其中任國芬於T36/37級女子100米及T36級女子200米摘金，黃思恩則於相同賽事奪得亞軍。此外，陳泳森於T36級男子100米賽事獲得季軍，他其後與袁家健於T35/36/38級男子200米賽事，分別取得一銀一銅。

詳情可瀏覽：www.paralympic.org/dubai-2016
第十八届中國香港特別行政區青少年滾軸溜冰邀請賽

由香港滾軸運動總會主辦、民政事務局（藝術及體育發展基金）資助、康樂及文化事務署及欣賞香港支持的“第十八屆中國香港特別行政區青少年滾軸溜冰邀請賽”，已順利於2016年1月22至24日假柴灣體育館圓滿舉行。本屆賽事吸引來自中國、日本、の中華台北及香港等共13隊、超過125名青少年滾軸溜冰好手，參加包括速度、藝術及自由式滾軸溜冰合共27項賽事。最終，香港滾軸溜冰代表隊於各項賽事中喜獲9金、14銀及13銅，共36面獎牌。詳情可瀏覽：www.rollersports.org.hk

Hong Kong Indoor Rowing Championships & Charity Rowathon

The annual Hong Kong Indoor Rowing Championships & Charity Rowathon has taken place on 5 and 6 March 2016 at Kowloon Park Sports Centre. Info at www.rowing.org.hk

2016 INAS Swimming Championships – Asia

2016 INAS Swimming Championships – Asia was held in Pathum Thani, Thailand on 30-31 January 2016. Hong Kong Team of 7 athletes won 3 gold, 4 silver and 4 bronze medals. All athletes had strived for their best and gained valuable opportunities to polish their skills and enrich their competition experiences. Tang Wai Lok and Choi Wa Kit broke the INAS Asian Record in 200M Freestyle and 100M Breaststroke respectively while HUI Ka Chun attained his personal best in 200M Freestyle, 100M Breaststroke and 100M Backstroke. Info at www.hksapid.org.hk/news-co.php?id=301

2016世界乒乓球團體錦標賽

2016世界乒乓球團體錦標賽已於2月28日至3月6日假馬來西亞吉隆坡舉行，是次賽事吸引了94個國家及地區參加，競爭十分激烈，香港男女子團體均以第五名完成賽事。

世錦賽舉行的同時，國際乒聯亦進行了周年大會，會上國際乒聯頒發優異獎項予香港乒協會余國樑主席，以表揚主席多年來對乒乓球運動發展的貢獻。詳情可瀏覽：www.hkpta.org.hk
The 55th USFHK Annual Athletic Meet 2016

The 55th USFHK Annual Athletic Meet 2016 was held at the Joint Sports Centre, Kowloon Tong on 6 March 2016. This annual event is one of the major sports events organized by the University Sports Federation of Hong Kong, China and subsidized by the Leisure and Cultural Services Department. A total of 348 athletes from 11 tertiary institutions took part in 30 events.

The Athletic Meet came to a successful end with seven new meet records. The Women’s MVP went to Miss To Yuen Kwan from the Hong Kong Polytechnic University, who shattered the old records in Women’s Shot Put and Discus. Mr. Chan Ming Tai from the University of Hong Kong, who won the gold medals in both Men’s 100M and 200M, was the Men’s MVP. City University of Hong Kong was the overall champion with the highest accumulative scores from all Men’s and Women’s events. Info at www.usfhk.org

2016 Duathlon Series - Race 1

The 2016 Duathlon Series - Race 1 took place on 10 January 2016, at Plover Cove. With the adjustment of race course, it was the first time ever that the Organizer managed to have “TriKids” categories included at the Plover Cove race site. The event attracted around 150 kids took part to have an enjoyable morning. Info at www.triathlon.com.hk
香港運動禁藥委員會在1月9至10日舉行的「渣打香港馬拉松嘉年華2016」設置攤位，向市民推廣運動禁藥管制知識。

「浪琴表香港馬術大師賽」觀眾與義工合照。

匯豐青少年高爾夫球巡迴賽獎項得主與香港高爾夫球總會會長陳文傑先生合照。

2016奧林匹克主義體驗營小組隊長之一的陳家倩(田徑運動員)燃點火炬為活動掀起序幕。

香港殘疾人奧委會暨傷殘人士體育協會於2016年1月17日舉辦「齊撐殘奧精英」籌款活動，並派出運動員及教練組成「齊撐殘奧精英隊」，與190名參加者一同參與渣打香港馬拉松賽事，藉此鼓勵香港殘疾人士參與體育運動。

國際奧委會委員霍震霆先生GBS, JP (左二) 出席於挪威利勒哈默爾舉行的2016冬季青年奧運會，並親身到比賽場地為運動員打氣。

香港運動禁藥委員會在1月9至10日舉行的「渣打香港馬拉松嘉年華2016」設置攤位，向市民推廣運動禁藥管制知識。

「浪琴表香港馬術大師賽」觀眾與義工合照。
In Beijing 2008 Olympic Games opening ceremony, the Hong Kong delegation, led by the flag bearer - olympic gold medalist, cycling athlete, Wong Chi-wing.

In the 2009 World University Games in Belgrade, Kazakhstan's Han刷新 100m butterfly and 100m freestyle world records, and won two gold medals.

The 10th Sports Festival cycling race.

In 1952, Hong Kong's first participation in the Olympic Games, all athletes were swimmers. Left to right: Weng Yim-wan, Ng Man, Tang Yim-ting, Fung Yim, Ng Fung, and the others.

The 26th Sports Festival held in the New World in 1983.

In the opening ceremony of the 2008 Beijing Olympics, the Hong Kong delegation was led into the stadium by the flag bearer - cycling athlete, Wong Chi-wing.

The 2000 Hong Kong Outstanding Athlete Awards presentation ceremony, held by the Hong Kong and Macau Olympic Committee.

In 2009, the Hong Kong Olympic Committee moved the Hong Kong Olympic Games to Hong Kong Disneyland, accommodating more participants.
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<td>8 - 10 April 2016</td>
<td>Cathay Pacific/HSBC Hong Kong Sevens 2016</td>
<td>Hong Kong Stadium, Hong Kong, China</td>
<td><a href="http://www.hkrugby.com">www.hkrugby.com</a></td>
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<td>Sports for Intellectually</td>
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<td>Table Tennis</td>
<td>13 - 17 April 2016</td>
<td>2016 Asian Table Tennis Qualification Tournament - Qualification Event for</td>
<td>Queen Elizabeth Stadium, Hong Kong, China</td>
<td><a href="http://www.htta.org.hk/2016AQT">www.htta.org.hk/2016AQT</a></td>
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<td>the Games of the XXXI Olympiad in Rio de Janeiro</td>
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<td>Rowing</td>
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<td>International Master Regatta</td>
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<td>Golf</td>
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<td>Asia Pacific Amateur Ladies Golf Team Championship (Queen Sirikit Cup)</td>
<td>Jeju Island, Korea</td>
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<tr>
<td>Equestrian</td>
<td>28 April - 1 May 2016</td>
<td>IWAS Wheelchair Fencing World Cup 2016</td>
<td>Laval, Canada</td>
<td><a href="http://www.hkparalympic.org">www.hkparalympic.org</a></td>
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<td>Football</td>
<td>30 April 2016</td>
<td>Longines Jumping Horse of the Year 2016</td>
<td>Beas River Equestrian Centre, Hong Kong, China</td>
<td><a href="http://www.hkef.org">www.hkef.org</a></td>
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<td>Badminton</td>
<td>15 May 2016</td>
<td>FA Cup Final</td>
<td>Hong Kong Stadium, Hong Kong, China</td>
<td><a href="http://www.hkfa.com">www.hkfa.com</a></td>
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<td>Badminton</td>
<td>15 - 22 May 2016</td>
<td>BWF Thomas &amp; Uber Cup Finals</td>
<td>Kunshan, China</td>
<td><a href="https://bwfbadminton.org">https://bwfbadminton.org</a></td>
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<td>Gymnastics</td>
<td>29 May 2016</td>
<td>Hong Kong Gymnastics For All Festival 2016</td>
<td>Queen Elizabeth Stadium, Hong Kong, China</td>
<td><a href="http://www.gahk.org.hk">www.gahk.org.hk</a></td>
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<tr>
<td>Dragon Boat</td>
<td>10 - 12 June 2016</td>
<td>CCB (Asia) Hong Kong International Dragon Boat Races 2016</td>
<td>Central Harbour-front, Hong Kong, China</td>
<td><a href="http://www.hkcdba.org">www.hkcdba.org</a></td>
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<td>SF&amp;OC</td>
<td>19 June 2016</td>
<td>2016 Olympic Day – Olympic “Fun” Run</td>
<td>Hong Kong Disneyland Resort, Hong Kong, China</td>
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<td>Volleyball</td>
<td>24 - 26 June 2016</td>
<td>FIVB Volleyball World Grand Prix – Hong Kong 2016 presented by Watson</td>
<td>Hong Kong Coliseum, Hong Kong, China</td>
<td><a href="http://wgp.vbahk.org.hk">http://wgp.vbahk.org.hk</a></td>
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<td>Athletics</td>
<td>25 - 26 June 2016</td>
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<td>SF&amp;OC</td>
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<td>Children of Asia International Sports Games</td>
<td>Yakutsk, Russia</td>
<td><a href="http://www.yakutsk2016.com">www.yakutsk2016.com</a></td>
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<td>Badminton</td>
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<td>BOCHK Hong Kong Annual Badminton Championships 2016 Senior Division-Finals</td>
<td>Queen Elizabeth Stadium, Hong Kong, China</td>
<td><a href="http://www.hkbadmintonassociation.org.hk">www.hkbadmintonassociation.org.hk</a></td>
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