



奧林匹克主義嘉年華

Olympism Carnival

奧林匹克主義嘉年華主要透過輕鬆好玩的攤位遊戲，推廣奧林匹克精神和奧運相關知識，同時鼓勵參加者建立健康的生活模式，並以正面積極的態度面對挑戰。

The Olympism Carnival aims to promote the Olympic spirit and Olympic-related knowledge through fun and easy-to-play booth games. At the same time, participants are encouraged to build healthy lifestyle and face challenges with positive attitude.

攤位遊戲 Booth Games

模範神射手

Role Model Shooter

了解運動場上的偏差行為

To identify deviant behaviors in sports

健康小達人

Little Health Expert

認識健康指標

To get familiar with the health indicators

扭轉乾坤

Reverse to Achieve

跨越障礙，勇敢面對困難

To overcome obstacles and difficulties

集中擲中

Concentrate and Throw

認識奧運和奧林匹克主義

To learn about Olympic Games and Olympism

小達人大冒險

Little Expert Adventure

宣揚健康的生活模式

To promote healthy lifestyle

當年今日

Past and Present

認識古代和現代奧運會

To learn about Ancient and Modern Olympic Games

奧運項目逐個捉

Olympic Games Detective

認識夏季和冬季奧運的比賽項目

To learn about summer and winter Olympic sports

薪火相傳

Pass on the Flame

應用奧林匹克精神於日常生活中

To apply Olympic Values in daily life

對象 Target

小學

Primary schools

形式 Format

攤位遊戲

Booth games

備註 Remark

完成所有攤位遊戲的參加者可獲精美禮品包一份

Participants who completed all booth games will be awarded a pack of souvenir



奧林匹克 教育展板

借用計劃

Olympic Education
Panels On-Loan
Programme

奧林匹克教育展板設有多個主題，可配合學校及社區機構的活動和奧林匹克主義教育計劃，以增加參加者在活動所學的知識。

Schools/ organizations may choose different thematic panels to facilitate their activities as well as the Olympism Education Programme, to strengthen the knowledge that participants have learnt in the activities.

展板主題 Themes

- 1 香港參與奧運會的歷程
Hong Kong's Involvement
in Olympic Games
- 2 香港參與亞運會的歷程
Hong Kong's Involvement in
Asian Games
- 3 港協暨奧委會簡介、奧林匹克精神及運動員故事分享
Introduction to SF&OC, Olympic Values and
Athletes' Stories
- 4 奧運會、亞運會及其他大型綜合項目運動會介紹
Introduction to Olympic Games, Asian Games
and Other Multi-sports Games

親子「奧」遊

Parent-child Olympic Workshop

工作坊

本會推出「親子『奧』遊工作坊」，供全港初小學生及家長參與，旨在提高參加者對奧林匹克主義的認識和鼓勵他們在日常生活中實踐奧林匹克精神。活動設有「繪本共讀」和「藝術創作」工作坊，希望透過不同活動主題，加強親子之間的交流和享受文化藝術的樂趣。

The SF&OC has newly launched the Parent-child Olympic Workshop, aims to enhance the participants' understandings on Olympism and encourage them to apply the Olympic values in their daily lives. The programme provides two thematic workshops – “Story Telling” and “Art Creation”, which aims to enhance the parent-child bonding and cultivate their interest in cultural and art activities.

活動對象 Target

初小學生及家長
(經學校/機構報名參加)
Junior primary school
students and their parents
(via schools/organizations)



計劃詳情
請細閱各活動之備注



Programme details
Please read the remarks
for each activity

