

Hong Kong Table Tennis Association
Nomination for the SF&OC Athletes Committee (2022-2026)
Player's Profile

LAM Siu Hang

Personal Background

Date of Birth	14 th December 1996
Age	25
Place of Birth	Hong Kong
Professional Sport	Table Tennis
Height	183 cm
Current World Ranking	77 (Sep 2022)
Style	Right hander / an attacking player
Grip	Shake hander
Year to join in HK Youth Team	Jan 2009 to Mar 2015
Year to join as Full Time Athlete	2012
Year to join in HK Team	April 2015 - Present



Introduction

Lam Siu Hang was a team member of Hong Kong Junior Squad when he was 13 years old. He became a full-time table tennis athlete since 2012. The performance of Siu Hang has improved remarkably since then. This is amply demonstrated by his outstanding results in the international events in the past years; and he was awarded the “Hong Kong Potential Sports Stars Awards 2015”. He is one of the key members of the Hong Kong Table Tennis National Team.

In 2013, he participated in 2013 Asian Youth Games and obtained 3rd place in Men's Singles. After that, he represented Hong Kong to participate in world title events and major games.

Outstanding Performance

Major Championships / Games

Event	Performance
Asian Championships (28/9-5/10/2021 Doha, Qatar)	Men's Doubles – 5 th place (partnered with NG Pak Nam) Men's Team – 7 th place
2020 Tokyo Olympic Games (24/7-6/8/2021 Tokyo, Japan)	Men's Team – 9 th place
Asian Championships (15-22/9/2019 Yogyakarta Indonesia)	Men's Doubles – 3 rd place (partnered with NG Pak Nam) Men's Team – 6 th place
18th Asian Games (26/8–1/9/2018 Jakarta, Indonesia)	Men's Team – 5 th place
Team World Cup (22-25/2/2018 London, England)	Men's Team – 5 th place
Asian Championships (9-16/4/2017 Wuxi, China)	Men's Team – 5 th place Men's Singles – 5 th place

Event	Performance
World Team Championships (28/2-6/3/2016 Kuala Lumpur, Malaysia)	Men's Team – 5 th place
Asian Championships (26/9-3/10/2015 Pattaya, Thailand)	Men's Team – 5 th place

Other International Events

Event	Performance
2022	
WTT Feeder Slovenia (20-26/6/2022 Slovenia)	Men's Doubles – 5 th place (partnered with NG Pak Nam)
WTT Feeder Doha (13-17/3/2022 Doha, Qatar)	Men's Singles – 5 th place
WTT Champion Macau (19-23/1/2022 Macau)	Men's Singles – 9 th place
2020	
Qatar Open (3-8/3/2020 Doha, Qatar)	Men's Doubles – 5 th place (partnered with NG Pak Nam)
Hungarian Open (18-23/2/2020 Budapest, Hungary)	Men's Doubles – 5 th place (partnered with NG Pak Nam)
2019	
Indian Open (12-17/11/2019 Batam, Indonesia)	Men's Singles – 3 rd place Men's Doubles – 2 nd place (partnered with KWAN Man Ho)
Hungarian Open (15-20/1/2019 Budapest, Hungary)	Men's Doubles – 3 rd place (partnered with WONG Chun Ting)
2018	
ITTF World Tour Grand Finals (13-16/12/2018 Incheon, Korea)	Men's Doubles – 5 th place (partnered with NG Pak Nam)
Slovenia Open (2-6/4/2018 Slovenia)	Men's Doubles – 3 rd place (partnered with NG Pak Nam)
Polish Open (13-17/3/2018 Poland)	Men's Doubles – 2 nd place (partnered with JIANG Tianyi)
2017	
Spanish Open (22-28/11/2017 Almeria, Spain)	U21 Men's Singles – Champion Men's Doubles – 3 rd place (partnered with JIANG Tianyi) Men's Singles – 3 rd place

Awards

Hong Kong Potential Sports Stars Awards 2015

Outstanding Junior Athletes Awards 2013(2nd Quarter)

Hang Seng Table Tennis Academy

- 2012 Best players Award and Best Junior players Award
- 2010 & 2011 Scholarship holder
- 2005 & 2007 Most Potential Junior Athletes Award

Chan Hei Man Hayley Victoria

10 January 1991 (31 years old)

First stepped onto a windsurf board at 9 years old in a children's summer course organized by the Windsurfing Association of Hong Kong, before selected into the Association's Junior Development Squad and started joining regular weekend training sessions.

Hong Kong Sports Institute scholarship athlete since 2006.

Full-time windsurfing athlete since 2008 F.5 graduation from Maryknoll Convent School.

University of Hong Kong Bachelor of Arts student and HKU Sports Scholar since 2010, currently Year 3 student majoring in English Studies and minoring in Kinesiology.

Coached by Mr Chan King Yin (Head Coach of Hong Kong Windsurfing Team) since 2015.

Having spent more than a decade as a full-time athlete, I treasure deeply the opportunities, support and friendships I have had as an athlete. I look forward to working alongside athletes and the HK SF&OC in serving the Hong Kong sports community.

Windsurfing Competition Results:

2010 ASIAN GAMES	Guangzhou, CHN	2nd
2012 OLYMPIC GAMES	London, GBR	12th
2014 ASIAN GAMES	Incheon, KOR	1st
2018 ASIAN GAMES	Jakarta, INA	2nd
2020 OLYMPIC GAMES	Tokyo, JPN	8th

Other Awards:

2009 Hong Kong Junior Sports Star Award

2012 Hong Kong Sports Star Award



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Lam Hin Chung

Fencing Athletes

Age: 36

Birth: 4/11/1986

Email: antoniolam@me.com

Hong Kong representative 2002-2020



Local & International Competition Results :

- Olympic Representative of London 2012
- Three-time Asian Games Bronze Medalist (2014,2018)
- Seven-time Asian Fencing Championships Medalist
- Joined Hong Kong Men's Sabre Fencing Team in 2001
- Bronze Medalist at Men's Sabre World Cup
- Silver Medalist at East Asian Games 2013
- Rank 1 in HK Men's Sabre for eleven consecutive years(2007-2018)

Community Service:

- 2014 Volunteer in “愛心送暖行動”
- 2017 Fencing Ambassador in InspiringHK Sports Foundation
- 2018 Ambassador in UNICEF HK Charity Run
- 2018 Ambassador in Wheel For Oneness
- 2019 Guest in Tung Wah Charity Gala
- 2019 Spring Sowers Organ Donation Promotion Walk
- 2018-2020 Ambassador in Po Leung Kuk Charity Run
- 2021 Ambassador in Po Leung Kuk CNY Charity Walk



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KARATE ATHLETE PROFILE

- HKSI Elite Athlete 2007-2022
- Asian Game Representative 2014 & 2018
- World Annual Top Ranking no.4
- World Series Multiple Medalist
- 3 x Asian Championship Medalist
- East Asian Game Silver Medalist
- East Asian Champion
- National Champion for 10times
- National Squad member 2004-2022
- Goju Ryu Black Belt 4 Dan

COACH PROFILE

- Hong Kong Coaching Committee
Coaching Accreditation Level 3
- KFHKCL Coaching Level 3
- KFHKCL Coaching Committee
Non-execute Committee 2019-2022
- KFHKCL Feeder System Assistant Coach

REFEREE PROFILE

- KFHKCL Referee Council
National Referee
Kata Judge A
Kumite Referee B

Experiences in SFOC

Athlete Committee Member 2018 - 2022

Festival of Sport Organizing Committee Member 2018-2022

Executive Committee Member of Hong Kong Olympic Fans Club Limited 2021-22

Olympism Education Programme – Athlete Speaker since 2014

“Star to Shine” programme – Mentee

54th International Olympic Academy for young participants 2014

Olympism Camp

2013 – Participant

2014 – Team Leader

2015 – Guest Speaker for Sharing the IOA session

2016 – Programme Helper

2017 – Team Leader

COMMUNITY SERVICES

Hong Kong Paralympic Fund Management Committee Member
- Social Welfare Department 2021-2023

Community Sports Committee Member
- Sports Commission - Home Affairs 2022-2023

Sports/Athletic Trainer Commission member
- HK Association of Sports Medicine & Sports Science 2020-2022

Corporate Relations Committee member
- Physical Fitness Association of Hong Kong China Ltd. 2022-2024

Membership Convener
- Hong Kong Rope Skipping Association, China 2019-2022

Board of Director
- CUHK Shaw College Alumni Association 2020-22

Board of Director, Founder Member
- Tender Loving Care Charity Association Limited (No.91/17348)

Chairperson (2017-2021); Vice Chairperson (2021 - Present)
- CUHK SSPE Alumni Association

Sports For All Day
- Sports Trainer – Health Talk 2018 & 2022

Action Research Sharing
- Summer School for Physical Education Teacher Conference



I am Lau Shiu Yue(Swimmer) and I am interested to be part of member for the SF&OC Athletes committee , I will provide my background information below.

2009-2015 Diocesan Boy's' School

2014-2015 Diocesan Boy's School Swimming Team Captain

2015-2019 The Hong Kong Polytechnic University

2019-Current Hong Kong Sports Institute Full Time Athletes

Holder of Hong Kong Swimming Record, including 50m Backstroke, 4x100m Medley Relay in Long Course, 4x50 and 4x100 Medley Relay in Short Course.

I have been representing Team Hong Kong China since 2013, including some important meet such as Asian Young Games2013, Youth Olympic Games2014, Asian Games 2014 & 2018, World Universiade games 2017&2019, World Cup 2014&2019, World Swimming Championships (25m) 2014&2021 , World Swimming Championship (50m) 2022.

In my swimming career there are some ups and downs, I am a silver medalist in 50m backstroke of Asian Youth Games 2014 and get into semi finals in World junior swimming championships2015 ,but also some injuries I have to deal with and I had overcome at last . I believe my injuries history and the experience and fit to be part of the member of the committee .

I also have a experience of being an ambassador of the 6th Hong Kong Games in 2017, during that time I learned a lot and tried something new for me at that time too. It was a great experience for me to learn something such as working with people for holding a competition , facing the media and communicating with different parties. So I believe I can handle the work if i have a chance to become part of the members for the SF&OC Athletes Committee.

Yours Sincerely,
Lau Shiu Yue.



Hiu Ying Angel Wong

01 PROFILE

Elite athlete and member of the Hong Kong Artistic Gymnastics team. A highly motivated individual capable of achieving excellence in both sporting performance and academic studies. An outgoing and charismatic personality enable her to work successfully in a variety of positions and settings. Possessing resilience and a healthy dose of creativity to overcome challenges and solve problems that come her way. A strong communicator and positive outlook to life will inspire and motivate those around her. Outside of the gym, she is eager to share the life lessons that sport has taught her to the local community, whilst also active as a coach, tv/ radio host and sports commentator

Now looking further in preparation for a bright future beyond a successful sporting career. Looking to give back to the local sports community and open to exploring new, exciting opportunities.

02 EMPLOYMENT HISTORY

Jul 2019 — Present	Hong Kong Artistic Gymnastics Team Coach at Hong Kong Sports Institute Limited
May 2019 — Present	Talent Team Coach at Gymnastics Association of Hong Kong China
Aug 2018 — Present	Senior Consultant and Coach at Health and Fitness Consultancy Inter Ltd
Hong Kong	<ul style="list-style-type: none"> - educator for "pre-teachers gymnastics program" - gymnastics coach at Independant Schools Foundation (ISF Academy) - gymnastics coach at Canadian International School
Feb 2018 — Apr 2018	Artistic Gymnastic Coaching Course Teacher at Gymnastics Association of Hong Kong
Hong Kong	China
Mar 2016 — Present	Sports Host and Commentator at TVB, CableTV, ViuTV, RTHK
Hong Kong	
Apr 2010 — Present	Elite Athlete at Hong Kong Sports Institute limited
Hong Kong	

03 EDUCATION

Jan 2020 — Jan 2020	St. John
Hong Kong	First Aid Certificate
Nov 2019 — Present	International Gymnastics Federation - FIG Academy
	International Artistic Gymnastics Coach Level 1, 2 and 3
Jun 2018 — Present	Sports Medicine Australia/ CUHK Sports Trainer Course
	Sports Trainer Lvl 1 and Lvl 2
Sep 2016 — Jun 2018	The Chinese University of Hong Kong

Hong Kong MSc Sports Medicine and Health Science
 Sep 2012 — Jun 2014 Hong Kong Baptist University
 Hong Kong MSc Sports and Leisure Management
 Sep 2005 — Jun 2010 The Hong Kong Polytechnic University
 Hong Kong BA(hons) Fashion and Textile Design

04 COURSES AND INTERNSHIP

Jun 2016 Olympia, Greece International Olympic Academy 56th International session for young participants
 Mar — Apr 2014 Hong Kong 2 month internship at the Athlete Affairs Department, HKSI

05 LANGUAGES

English, Cantonese, Mandarin

06 SPORTING ACHIEVEMENTS

Mar 2022 Doha FIG Artistic Gymnastics World Cup - beam bronze
 Jan 2020 Hong Kong Hong Kong Gymnastics Open - Uneven Bars Gold/ Balance Beam Gold
 Jan 2017 Hong Kong Hong Kong Gymnastics Open - Balance Beam Gold
 Mar 2014 Doha FIG Artistic Gymnastics World Cup - Vault Bronze
 Aug 2012 Great Britain Olympic Games
 Jul 2011 China World University Games - Vault Bronze
 Sep 2010 Belgium FIG Artistic Gymnastics World Cup - Vault Bronze
 Mar 2010 Doha FIG Artistic Gymnastics World Cup
 Aug 2008 Doha Asian Gymnastics Championships - Vault silver
 Aug 2012 Great Britain Named Gymnastics Skill - DDDDD hui ying angel wong mount

07 HONOURS AND SCHOLARSHIPS

Dec 2016 SMHS Elite Athletes Scholarship
 Jan 2015 — Jan 2021 Member of the Elite Sports Committee (Home Affairs Bureau)
 Oct 2011 HKSAR Honours List - Chief Executive's Commendation for Community Service

08 SKILLS

Artistic Gymnastics Sports Commentator
 Artistic Gymnastics coach and educator MC, presenter, TV and radio host
 Clinical Sports Trainer Personal trainer Motivational Speaker
 Sports Administration and Management

09 VOLUNTEERING AND COMMUNITY ENGAGEMENT

Jul 2019 — Present InspireHK SPORTSCHAT programme ambassador
 Nov 2018 — Present Wheel for Oneness Shatin Sports Campaign - Ambassador
 Jan 2017 — Present HKSI Community in Action
 Sep 2012 — Present School Athletes Sharing and Career Talk (various schools)
 Nov 2016 — Present Home visit and volunteering work

姓名 :謝劭傑

Name :Tse Siu KIT

性別:男

國籍:中國(香港)

出生日期:1985-8-31

電話:62337789

[Email:stanley4202006@gmail.com](mailto:stanley4202006@gmail.com)

學歷

1992 至 1998 三樂周沕桅學校 (完成小一至小六)

1998 至 2003 香港航海學校 (完成中一至中五)

資格

1999 年	香港帆船總會	Level 4 深造證書
2006 年	香港獨木舟總會	Level 1 教練
2006 年	香港教練培訓委會	Level 1 Sports-general Theory
2008 年	香港拯溺總會	泳池救生章
2009 年	香港龍舟總會	Level 1 教練
2009 年	香港滑浪風帆	高級證書
2009 年	電訊管理局	水上無線電資格
2009 年	香港拯溺總會	沙灘救生章
2009 年	st.john ambulance	救證書
2010 年	香港海事處	二級船主證書
2010 年	香港海事處	二級大曷證書

訓練

2000 年	西區警區	春蓄計劃
2003 年	消防訓練學校	撲滅船火課程
2001 年	消防訓練學校	Two-day ship fire fighting training course
2004 年	印尼海軍訓練	HONG KONG-SHANGHAI 1673 海里

工作經驗

2003 至 2006 年	
香港航海學校舍監	2006 年至 2008 年
大嶼山外展 教練	
2007 年至 2010 年	
航海學校 水上活動中心 教練	
2010 至 2013 年	
香港遊艇會 ship shop	
2013 年至現在	
lagoon 450 船長	

Wong Kam Po's Biography

Wong Kam Po, known as Ah Po, is a professional racing cyclist who is born and bred in Hong Kong. He spent his childhood in a tranquil neighbourhood of Sha Tin Lek Yuen Estate and started pursuing his athletic dream at the age of 17. In 1990, he joined the Hong Kong Cycling Team and won his first championship at the Asian Junior Cycling Competition. In 1994, he ranked 4th at the Hiroshima Asian Games Road Race, which was a place that no one else ever achieved in the Hong Kong team. This inspired his confidence and has since boosted his spirit to aim for the gold medals.

As he trained to become the top cyclist in Hong Kong, he devoted to a full-time sports career for 20 years. His absolute dedication would lead him to forego opportunities to spend time with his family during Lunar New Year and all the other important life events.

Through years of hard work and discipline he established himself as one of the top cyclists in Asia. He is best known for being a 3 times Gold Medallist at the 13th, 15th and 16th Asian Games. Not only that, he pushed himself to the international world and represented Hong Kong in the Olympic Games for five times. This made him the first Chinese male cyclist in Olympic history in 1996. With such outstanding performances, he won his first gold medal in the Men's individual Road Race at the National Games of the People's Republic of China in 1997.

In 2007 at Palma de Mallorca Spain, he claimed his first international victory at the UCI Track Cycling World Championship – Men's Scratch and earned himself the rainbow jersey, a much coveted trophy of every cyclist in their professional career.

Being the leading road cyclist in the country, he was awarded the title of Hong Kong Sports Stars multiple times. In 2006, 2007 and 2010, Wong Kam Po received the highest commendations and was honoured "Best of the Best Hong Kong Sports Stars" at the Sports Federation and Olympic Committee of Hong Kong.

After retiring from cycling, he is now working as a coach in SF&OC Sports Legacy Company Limited to cultivate sports in Hong Kong.