

WU Siu Hong, MH, JP (胡兆康 MH 太平紳士)



Profile

Year	
1984	Born in Hong Kong
2001	3 rd East Asian Games - Osaka, Japan Gold Medal in Men's Doubles Gold Medal in Men's Masters Hong Kong Sports Stars Award
2002	7 th World Youth Championships - Pattaya, Thailand Bronze Medal in Boy's Singles Gold Medal in Boy's Masters Received Medal of Honour (MH) by the HKSAR Government
2003	Hong Kong Sports Stars Award
2004	ABF Tour – Tournament of Champions - Indonesia Champion 8 th World Youth Championships - Guam Bronze Medal in Boy's Masters Hong Kong Sports Stars Award
2005	Macau, China (4 th East Asian Games) Silver Medal in Men's Team of Five
2009	Vietnam (3 rd Asian Indoor & Martial Arts Games) Bronze Medal in Men's Doubles
2009	Hong Kong, China (5 th East Asian Games) Silver Medal in Men's Singles Silver Medal in Men's Team of Five Hong Kong Sports Stars Award
2010	Guangzhou, China (16 th Asian Games) Bronze Medal in Men's Team of Five
2011	AMF Australian Masters Champion ABF Tour – Tournament of Champions - Kuwait Champion Hong Kong Sports Stars Award

2012	<p>22nd Asian Tenpin Bowling Championships – Hong Kong, China Gold Medal in Men’s Team of Five</p> <p>Hong Kong Sports Stars Awards for Team Event</p>
2013	<p>4th Asian Indoor and Martial Arts Games - Incheon, South Korea Gold Medal in Men’s Team of Four</p> <p>6th East Asian Games – Tianjin, China Silver Medal in Men’s Team of Five Gold Medal in Men’s Masters</p> <p>World Bowling Tour – Abu Dhabi 2nd Runner up</p>
2014	<p>17th Asian Games – Incheon, South Korea Bronze Medal in Men’s Team of Five Silver Medal in Men’s Masters</p> <p>Hong Kong Sports Stars Award</p>
2015	<p>51st QubicaAMF World Cup - Las Vegas, USA Champion</p> <p>Hong Kong Sportsmanship Sports Stars Award</p>
2016	<p>Target 24th Asian Tenpin Bowling Championships - Hong Kong, China Gold Medal in Men’s Doubles Gold Medal in Men’s Trios Bronze Medal in Men’s All Events</p> <p>Hong Kong Ten Outstanding Young Persons Award</p> <p>Event Ambassador of Tung Wah Groups of Hospital Charity Bowling Event</p>
2017	<p>World Games 2017 (Tenpin Bowling Event) - Poland Bronze Medal in Men’s Doubles</p> <p>5th Asian Indoor and Martial Arts Games - Ashgabat, Turkmenistan) Bronze Medal in Men’s Doubles</p> <p>2017 World Bowling Championships - Las Vegas, USA Gold Medal in Men’s Trios</p> <p>Event Ambassador of Tung Wah Groups of Hospital Charity Bowling Event</p>
2018	<p>18th Asian Games (Tenpin Bowling Event) - Palembang, Indonesia Silver Medal in Men’s Team of Five</p> <p>Hong Kong Sports Stars Awards for Team Event</p> <p>Honoured Justice of the Peace (JP) by the HKSAR Government</p> <p>Event Ambassador of Tung Wah Groups of Hospital Charity Bowling Event</p>
2019	<p>PBA-WBT H.H. Emir Cup 2019 - Doha, Qatar Champion</p> <p>Event Ambassador of Tung Wah Groups of Hospital Charity Bowling Event</p>
2021	<p>Event Ambassador of Tung Wah Groups of Hospital Charity Bowling Event</p>

**Nomination of Members for the SF&OC Athletes Committee
(2022-2026)**

Chan Ho Ling Joey

Joey Chan is a former world ranked #16 professional squash player who was also a core member of Hong Kong National Squash Team and trained as a full-time scholarship squash athletes at Hong Kong Sports Institute for over a decade.

While achieved numerous remarkable international results, including 2018 Asian Games Women's Team Gold Medal, 2014 Asian Games Women's Team Bronze Medal, 2010 Asian Games Women's Team Silver Medal & Singles Bronze Medal, 2018 World Women's Team Bronze and 2018 Asian Team Gold Medal, in the year of 2017 Joey became the first Hong Kong athlete reaches the final the World Games and bagged a Silver Medal in the Women's Singles Event in Wroclaw, Poland.

Apart from the outstanding sports achievement, Joey has made great balance on academic by graduating in the Bachelor of Arts (Hons) in Physical Education and Recreation Management at the Hong Kong Baptist University and currently t a first year student of HKBU's Mast of Social Science (MSocSc) in Sports and Leisure Management.

Volunteering is another demonstration of Joey's enthusiasm in sports, she also offers ways to help the local community by serving as a member of Elite Sports Committee for two full years from January 2021 to December 2022, being appointed as the Squash Coordinator (volunteering) in Gays Games 11 Hong Kong 2023 from June 2022 to present.

After the announcement of athlete career retirement, Joey joined the Hong Kong Sports Institute in an administrative role working in the High Performance Administration to contribute continuously to the sports industry.

個人資料

中文姓名：温健明

英文姓名：Wan Kin Ming, Dino

出生地點：香港



個人背景：我自出娘胎就在香港仔長大，從小就在香港仔觀看一年一度的龍舟競渡中成長，由中學時代開始，一次機緣下，當時和一大班同學在放學後及假期都會到鴨脷洲船廠那邊，乘小艇到附近海域推龍舟練習，第一次接觸龍舟時大約是 13 歲，當時覺得好興奮，仲記得每次練習過後，成班同學會跟隨龍舟會的師兄食飯，一星期三晚從年頭到年尾，當時參加的隊是〔機友龍〕每年端午節及夏季期間都會參加本地不同地區的龍舟賽事，漸漸地愛上了這個傳統文化，每年端午節，一定會一大清早在珍寶海鮮坊飲茶，然後就會替龍舟上裝，再扒龍舟去附近海域的幾個觀音廟前作敬禮，之後回到龍壘上等待比賽時刻來臨，進行當天賽事。每當端午節過後，整個夏季一直到 10 月都會有不同地區的比賽參加，日復日年復年。

龍舟在我生命已經成為一個習慣，當機友龍解散左之後，就跟著班師兄組成河馬隊繼續參與本地不同賽事，到出來社會工作後，工作時間所限，先後參加過南區婦女會龍舟隊，漁灣之友傳統大龍，再加入歷史悠久的香港業餘龍舟總會，還成為了該會的教練，其後再入選港隊，一直到現在，足足有 25 年的龍舟經。

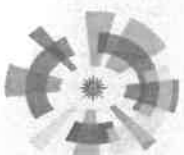
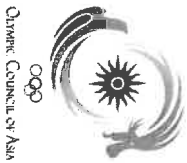
希望能夠將龍舟文化一直承存下去，令更多人參與龍舟呢項運動。

我在中國香港龍舟總會成為一級教練後，更在香港體育學院舉辦的教練培訓學院完成高級教練證書課程，對培育新一代龍舟運動員有相當大的興趣，希望能以我多年接觸龍舟的經驗為下一代注入更多動力。

我所教授過的學生包括有中學生，企業龍舟隊，龍舟生態遊，輕度智障隊員，亦有肢體傷殘的隊員，最令我深刻的就是，一班輕度智障隊伍，他們真係好單純，而且好投入，非常珍惜每次練習既機會，即極參與的程度比一般正常人更熱切，他們自己知道能力不足，但是非常，非常用力去訓練，而且越扒越起勁，真係令我印象難忘。另外就是肢體殘障的隊員，坐著輪椅來到碼頭邊，需要其他人協助先可以能夠坐到落龍舟，但都會堅持練習同比賽，這一點實在令人鼓舞。

現在我每天繼續接受港隊教練的訓練，在訓練過程中不停有新挑戰出現，但我都非常享受，想辦法儘快做好每個細節，練到的是自己收獲，亦都可以將不同的經驗教授到其他人身上一直承傳下去，就好像一粒石頭咁，就咁放係枱面，你唔會覺得佢有咩野價值，但係一粒經過雕刻打磨後的石頭，這塊石頭的價值就會提高，人都係一樣，經過痛楚磨練，經過併勁，將來一定會產生更大的價值。

現在正積極籌辦一間慈善機構，為青少年提供多元化的活動包括龍舟文化及環保活動，為傳承下一代出一分力。



18th ASIAN GAMES
**Jakarta
Palembang
2018**

**CERTIFICATE OF RECOGNITION
INDONESIA ASIAN GAMES ORGANIZING COMMITTEE
APPRECIATE AND RECOGNIZE**

WAN KIN MING

Traditional Boat (Dragon Boat)

For your contribution to the success of the 18th Asian Games

Jakarta Palembang 2018

Sheikh Ahmad AL-Fahad AL-Sabah
President of the Olympic Council of Asia

Erick Thohir
President of NOC Indonesia
and INASGOC

